

HOMEOPATHIC INSTRUCTIONS

hCG Weight Loss Formula serves to support & improve glandular & metabolic function while evoking weight loss and improvement in health.

First you will need to activate your bottle by holding the bottle in one hand and pop or slap the bottom of the bottle with the other hand 10 times.

1. Dosage should begin at 10-15 drops 3x/day (If that is enough hCG, your body will tell you because you will not be hungry. If it is not enough (hunger) then increase your drops by 1 drop per dose until you feel no hunger. Many stop at 20 drops 3x/day, the dosage range is based on each individual bodies needs, wait at least 2-3 days before changing your dosage to allow your body to become balanced.)
2. Place drops under tongue and hold dosage under tongue for at least 30 seconds before swallowing.
3. Take nothing by mouth prior to or following dosage. This includes food, drink, cigarettes, chewing gum, toothpaste, mouthwash, mints, etc.
4. Limit caffeine or nicotine in any form, such as soda, coffee, chocolate, cigarettes. If necessary, use these **1 hour prior to or after** taking homeopathics.
5. Limit breathing in strong smells, such as paint thinner, eucalyptus, cigarette smoke, menthol, joint rubs.
6. Limit raw garlic to 1 hour after taking homeopathics.
7. Alcohol sensitivity: If a person is sensitive to alcohol, put drops into a glass with 1 oz warm water. Allow 1 minute for the alcohol to evaporate by stirring with wooden spoon or chopstick.
8. Keep homeopathics out of direct sunlight, x-ray, microwaves, tv rays, any electronics.
9. Homeopathics may generally be taken with other homeopathics.
10. This product should be stored in a cool dry place-refrigeration is not necessary.

****Medical Disclaimer:** Consult with your healthcare provider when considering any weight loss program. The information contained here is not intended to replace consultation or advice from your healthcare provider regarding your specific situation. Many have had the result of losing 1 to 2 pounds per day on the hCG diet, but it is not guaranteed. The statements and products shown on this website have not been evaluated by the US Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Those seeking treatment for a specific disease should consult a qualified integrative physician prior to using our products if possible. www.Lose11baday.com is not a medical organization and does not offer any medical advice or diagnosis. You are following the protocol at your own risk and www.Lose11baday.com accepts no responsibility for any damage or health issues as a result of following Dr. Simeon's HCG protocol or using homeopathic HCG WLF. www.Lose11baday.com, 2010